



# Paris Course

## with Sensei Bonita Cornish

### 28 – 29 March 2026

#### Venue

**Dojo Chaumont, 15–17 rue Chaumont, 75019 Paris**

Metro:

- Jaurès (Lines 2 and 5)
- Bolivar (Line 7bis)

Bus:

- Jaurès–Stalingrad or Marché Secrétan (Line 26)

#### Schedule

##### **Saturday, March 28**

- 1st All Grade class:	<b>1:00 pm – 2:15 pm</b>
- 2nd All Grade class:	<b>3:15 pm – 4:30 pm</b>
- 3rd All Grade class:	<b>4:45 pm – 6:00 pm</b>

##### **Sunday, March 29**

- High Grade class:	<b>9:30 am – 11:30 am</b> (break included)
- 4th All Grade class:	<b>12:30 pm – 2:30 pm</b> (break included)

#### Fees

##### **Saturday – All Grade sessions (1h15 each):**

- 1 All Grade class:	<b>€25 regular / €22 reduced</b>
- 3 All Grade class:	<b>€75 regular / €66 reduced</b>

**Sunday afternoon – All Grade class (2h):** **€37 regular / €33 reduced**

**Sunday morning – High Grade class (2h):** **€42 regular / €38 reduced**

It is possible to attend **one, several, or all of the classes.**

A **reduced rate** is available for **job seekers and seniors (over 60 years old).**

<b>4 All Grade classes:</b>	<b>€112 regular / €99 reduced</b>
<b>Full course (4 AG + 1 HG):</b>	<b>€154 regular / €137 reduced</b>



## Additional Information

A **one-hour lunch break** is scheduled between classes on Saturday and Sunday.

Participants outside AFKA must bring their **Ki Federation membership card**.

A **Saturday evening dinner** will be organized near the dojo (approx. €25).

## Registration

**Registration is mandatory via the online form below.**

[https://docs.google.com/forms/d/e/1FAIpQLSfJ9P6jktF7szgOvCsSEs\\_YAsTOoVwG1zfHwAcFKjzIloGl7g/viewform?usp=header](https://docs.google.com/forms/d/e/1FAIpQLSfJ9P6jktF7szgOvCsSEs_YAsTOoVwG1zfHwAcFKjzIloGl7g/viewform?usp=header)

**Number of participants limited to 50.** Please apply as soon as possible.

## Accommodation options

The link below is related to Ibis Hotel Paris La Villette, 57-63 avenue Jean Jaures, located in the neighbourhood of the Dojo. Telephone: [+33 1 40 03 08 66](tel:+33140030866)

The price is acceptable, around 80 € per night. Breakfast is not included.

[http://www.accorhotels.com/accorhotels/fichehotel/gb/etp/4982/fiche\\_hotel.shtml](http://www.accorhotels.com/accorhotels/fichehotel/gb/etp/4982/fiche_hotel.shtml)

See also the website [www.booking.com](http://www.booking.com)

For further information, please do not hesitate to contact us:

**Marc Vaesen** + 33 – 6 19 02 31 08 – [marc\\_vaesen@hotmail.com](mailto:marc_vaesen@hotmail.com)

**Vincent Gunn** + 33 – 6 28 25 72 53 – [gunn.vincent@gmail.com](mailto:gunn.vincent@gmail.com)

**AFKA Paris** [afka.paris@gmail.com](mailto:afka.paris@gmail.com)

We are looking forward to seeing you on the mat to the Paris Seminar !